

Nusrat Abdulla is a Ph.D. student in Interdisciplinary Health Sciences at The University of Texas at El Paso. She earned her MPH from New Mexico State University with a concentration in Health Behavior and Health Promotion and a minor in Applied Statistics. Nusrat is interested in exploring the epidemiological patterns and social determinants underlying chronic and infectious diseases in underserved populations, particularly within U.S.–Mexico border communities. Her research focuses on chronic disease prevention, as well as healthcare utilization, with an emphasis on understanding how comorbidities, access to care, and socioeconomic factors contribute to health disparities. She applies quantitative epidemiologic methods to study behavioral and structural determinants of disease and to inform evidence-based interventions and public health policy.